

PROPOSED MENU FOR TERM ONE

MONDAY

ODD WEEK

BREAKFAST

KOKO KRUNCH & HONEY STARS
WHOLEMEAL BISCUITS
WHOLEMEAL WHITE BREAD
BUTTER / JAM / HONEY
WARM MILO
WARM MILK
COLD MILK

LUNCH

LIGHT GHEE RICE
CHICKEN MASALA
VEGETABLE
SAMBAL EGG*
COLD WATER

MONDAY

EVEN WEEK

BREAKFAST

KOKO KRUNCH & HONEY STARS
WHOLEMEAL BISCUITS
WHOLEMEAL WHITE BREAD
BUTTER / JAM / HONEY
WARM MILO
WARM MILK
COLD MILK

LUNCH

CHICKEN RICE
FISH BALL SOUP
CONDIMENTS
SALAD
COLD WATER

PROPOSED MENU FOR TERM ONE

TUESDAY

ODD WEEK

BREAKFAST

WHOLEMEAL WHITE BREAD
SCRAMBLED EGG (SABSUKA TARIM)
WHOLEMEAL BISCUITS
WARM CHOCOLATE
WARM MILK

LUNCH

MEE SIAM KUAH
NASI GORENG TELUR
CONDIMENTS
BUBUR KACANG
COLD WATER

TUESDAY

EVEN WEEK

BREAKFAST

WHOLEMEAL WHITE BREAD
SCRAMBLED EGG (SABSUKA TARIM)
KAMPUNG
WHOLEMEAL BISCUITS
WARM CHOCOLATE
WARM MILK

LUNCH

MEE BIRTHDAY
NASI GORENG
CONDIMENTS
BUBUR KACANG
COLD WATER

PROPOSED MENU FOR TERM ONE

WEDNESDAY

ODD WEEK

BREAKFAST

CORNFLAKES
WHOLEMEAL BISCUITS
WHOLEMEAL WHITE BREAD
BUTTER / JAM / HONEY
WARM MILK
WARM MILO
COLD MILK

LUNCH

NASI LEMAK
SAMBAL FISH FILLET
CONDIMENTS
SAMBAL EGG*
BUBUR PULUT HITAM
COLD WATER

WEDNESDAY

EVEN WEEK

BREAKFAST

CORNFLAKES
WHOLEMEAL BISCUITS
WHOLEMEAL WHITE BREAD
BUTTER / JAM / HONEY
WARM MILO
WARM MILK
COLD MILK

LUNCH

WHITE RICE
AYAM MASAK LEMAK
VEGETABLE
SAMBAL EGG*
BUBUR PULUT HITAM
COLD WATER

PROPOSED MENU FOR TERM ONE

THURSDAY

ODD WEEK

BREAKFAST

WHOLEMEAL WHITE BREAD
BAKED BEANS / KACANG PHOOL TARIM
WHOLEMEAL BISCUITS
WARM CHOCOLATE
WARM MILK

LUNCH

PASTA
SAMBAL FISH FILLET
SALAD
SAMBAL EGG*
FRUIT COCKTAIL
COLD WATER

THURSDAY

EVEN WEEK

BREAKFAST

WHOLEMEAL WHITE BREAD
BAKED BEANS / KACANG PHOOL TARIM
WHOLEMEAL BISCUITS
WARM CHOCOLATE
WARM MILK

LUNCH

MEE HOON SOTO
SOTO AYAM
CONDIMENTS
FRUIT COCKTAIL
COLD WATER

PROPOSED MENU FOR TERM ONE

FRIDAY

ODD WEEK

BREAKFAST

EGG SANDWICH
WHOLEMEAL BISCUITS
WHOLEMEAL WHITE BREAD
BUTTER / JAM / HONEY
WARM MILK
WARM MILO
COLD MILK

LUNCH

BRIYANI RICE
MUTTON & CHICKEN
ACAR
FRUITS
LIME /ORANGE SYRUP

FRIDAY

EVEN WEEK

BREAKFAST

EGG SANDWICH
WHOLEMEAL BISCUITS
WHOLEMEAL WHITE BREAD
BUTTER / JAM / HONEY
WARM MILO
WARM MILK
COLD MILK

LUNCH

BUKHARI RICE
MUTTON & CHICKEN
ACAR
FRUITS
LIME /ORANGE SYRUP